

Thurgoland Church of England School Reception Long Term plan - PSED

	AUTUMN 1		AUTUMN 2		SPRING 1		SPRING 2		Summer 1	SUMMER 2	
	September	October	November	December	January	February	March	April	May	June	July
PSED Self - Regulation	Three and Four-Year-Olds will be learning to <ul style="list-style-type: none"> • Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. • Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. • Understand gradually how others might be feeling. 		Children in Reception will be learning to <ul style="list-style-type: none"> • Express their feelings and consider the feelings of others. • Identify and moderate their own feelings socially and emotionally. 						ELG - Children at the expected level of development will: <ul style="list-style-type: none"> • Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. • Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. • Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. 		
PSED Managing Self	Three and Four-Year-Olds will be learning to <ul style="list-style-type: none"> • Develop their sense of responsibility and membership of a community. • Show more confidence in new social situations. • Increasingly follow rules, understanding why they are important. • Remember rules without needing an adult to remind them. 		Children in Reception will be learning to <ul style="list-style-type: none"> • See themselves as a valuable individual. • Show resilience and perseverance in the face of challenge. • Manage their own needs. 						ELG - Children at the expected level of development will: <ul style="list-style-type: none"> • Be confident to try new activities and show independence, resilience, and perseverance in the face of challenge. • Explain the reasons for rules, know right from wrong and try to behave accordingly. • Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices. 		
PSED Building relationships	Three and Four-Year-Olds will be learning to <ul style="list-style-type: none"> • Become more outgoing with unfamiliar people, in the safe context of their setting. • Play with one or more other children, extending and elaborating play ideas. • Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. • Develop appropriate ways of being assertive. • Talk with others to solve conflicts. 		Children in Reception will be learning to <ul style="list-style-type: none"> • Build constructive and respectful relationships. • Think about the perspectives of others. 						ELG - Children at the expected level of development will: <ul style="list-style-type: none"> • Work and play cooperatively and take turns with others. • Form positive attachments to adults and friendships with peers. • Show sensitivity to their own and to others' needs. 		

<p>Launchpad for Literacy</p> <p>Pragmatic: Relationship and empathy</p>	<p>3+ Skills</p> <ul style="list-style-type: none"> • I respond to the feelings of others. • I take on a role and 'become' another person or thing using early 'projection' skills, putting myself in another's shoes. • I accept the needs of others with support. • I seek out others for help. • I form friendships with other children. <p>4+ Skills</p> <ul style="list-style-type: none"> • I accept the needs of others with less support and identify when another child is being 'unkind.' • I talk about home, other people in my world and characters in familiar stories. • I talk about things from another's point of view in a simple way e.g. "What might they see?" or "What might they do?" • I talk about feelings and can link these with events or people. 	<p>4+ Skills</p> <ul style="list-style-type: none"> • I accept the needs of others with less support and identify when another child is being 'unkind.' • I talk about home, other people in my world and characters in familiar stories. • I talk about things from another's point of view in a simple way e.g. "What might they see?" or "What might they do?" • I talk about feelings and can link these with events or people. <p>I know how to ask when I need help or when I want a turn.</p> <ul style="list-style-type: none"> • I express my needs and feelings using words as well as non-verbally. • I form good relationships with adults and peers. 	<p>5+ Skills</p> <ul style="list-style-type: none"> • I talk about things from another person's point of view in a more complex way including prediction and empathy e.g. "What might they do next?" or "How might they feel?" • I offer enough information but not too much to meet my listener's needs. <p>I talk about the feelings of others and the impact I have on this. I also think about what I could do to improve the feelings of another.</p>
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